



Assessment of personal resources for safe driving

The principles of medical-psychological Assessment in Germany

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For almost 60 years the Medical-Psychological Assessment (MPA) has been an important method to assess driver's requirements for safe driving in Germany.

MPA has recently been shown to be highly effective in substantially reducing the number of subsequent driving under the influence offences.

The presented manual is an introduction to the minimum standards of requirements connected with driving motor vehicles. It gives a description of the MPA-system and its procedure of decision by giving several examples to illustrate the stages of data collection and integration. The special value of this guide book is its interdisciplinarity in a combined medical and psychological approach.

Additionally it allows access to contributions of psychology, medicine, toxicology and engineering to a major circle of interested researchers throughout Europe and other countries by being the first English publication on assessment of personal resources for safe driving.

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