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Dr. Lucien Nicolay studied educational sciences (special education) and psychology (pedagogical P., clinical P., neuropsychological assessment with language impaired persons and children with developmental disorders) at the University of Cologne. He specialized in clinical psychology and psychotherapy and at the same time in traffic psychology and psychotherapy with psychologically disturbed drivers.

He was a Lecturer (1991-1996) and a Professor of psychology (1996-2002) at University Center of Luxembourg and at Graduate Schools for educational and social professions.

He was the first trainer of traffic psychologists and psychotherapists in Luxembourg and since 2010, the president of EURAC a.s.b.l. (european academy for the scientific foundation and the practical dissemination of a specific psychotherapy with psychologically disturbed drivers). He was the first traffic psychologist in Luxembourg recognized by the Ministry of Transportation for whom he developed the psychological reeducational group programs within the framework of the « twelve points-driving license » since 2002 (IPSM-traffic®). He is the leading psychologist of the CFC (national training center for drivers) in Colmar-Berg. In the Institute for the promotion of psychological health (IPG in Bertrange) he trained other psychologists in the various IPSM-programs. Since 2007 he works also for the Mobility service (AVL) of the City of Luxembourg as a specialist in psychotraumatology and a peer trainer (Psychological First Aid) within the framework of « critical incidents in service ».

He also works as a trainer for different psychological associations and institutes in Luxembourg and other french an german speaking countries, for example the « Deutsche Psychologen Akademie » (DPA Curriculum Verkehrspsychologie), the « Université de Lorraine» (DUEVAPST : « Diplôme Universitaire EValuation des Aptitudes à la Sécurité dans les Transports terrestres »)

The topics of his recent publications and presentations turn around the promotion of mental health, efficient psychotherapy, personality and psychological disorders of drivers, special psychotherapy with drivers

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